

Hidden Narratives

YOUNG PERSON LED

ABOUT

Our **clothes** are **physical** objects. But they also carry our **memories** and **personal** and **family stories**.

Have you ever **wondered** what the **story** is **behind** our clothes?

Perhaps you or a friend or family member has **kept** a **clothing** item that they **no longer wear**? Perhaps they **own** clothing that has a **special meaning**?

Let's **investigate** the **hidden narratives** (**stories**) **behind** our **clothes**!



PREP TIME

5+ mins

COOKING TIME

30+ mins

SERVES

2+ people

INGREDIENTS

- A friend or family member and their chosen item of clothing, shoes, or accessory.
- *Optional:* Recording device
- *Optional:* The person you are interviewing can provide photos of themselves wearing their chosen clothing.

Designed Resources

You can use these resources digitally or printed:

- Hidden Narratives Interview Activity Sheet
- Hidden Narratives Reflection Sheet

Hidden Narratives

LET'S EXPLORE!

1. Find a **friend** or **family** member you would like to **interview**. Ask them if you can interview them for this recipe.
2. Your **friend** or family **member** will need to **choose** and **provide** a **clothing** item, shoes or accessory that is **important** and **meaningful** to themselves.

This item of clothing they choose could be:



But there are many other reasons why they might choose a clothing item!

3. **Interview** your friend or family member about this clothing item. Use the **'Hidden Narratives Interview Activity Sheet'** for the questions to ask them.

They need to have this clothing item physically in front of them while you interview them.

Hidden Narratives

TIPS!

During the interview, you can either:

- **Write your answers** down on the **activity sheet** straight away.

OR

- **Take notes** first in a **notebook**. Afterwards, you can write your answers on this sheet, either printed or digitally or on other paper.

These **questions** are just a **guide**.

As you ask them the questions on the sheet, more questions will come up.

Keep asking **your own questions** while you are interviewing them. Let their **answers guide** the **conversation!** You may **discover** something interesting...

Optional:

- **Record** your **interview!** You can use a recording device (ask an adult for help) so that you can **rewatch** or **relisten** to the interview afterwards. This can help you with writing your final answers.
- Take **photos** or **videos** of the garment to document your interview.

4. Use the **Hidden Narratives Reflection Sheet** after your interview to reflect on your discoveries.

LET'S KEEP COOKING!

You can use these **interview questions** to **explore** one of **your own clothing** items. Either fill them out yourself, or ask someone else to interview you.

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